

**N8806 600th Street
River Falls, WI 54022**

612.729.7127

EDUCATION and CERTIFICATIONS:

Certified LearningMethods Teacher, 2005

Pacific Institute for The Alexander Technique, Chico, Cal., Alexander Teacher Certification 1985-88

International Somatic Movement Education and Therapy Association, New York City, NY. Registered Somatic

Movement Educator, (RSME), 1991 to present

Connecticut College, New London, Conn., B.A. Dance/Asian Studies, 1980

Madurai Kamaraj University, Madurai, India, Tamil Language Certificate. 1978-79

MOVEMENT EDUCATION TEACHING EXPERIENCE:

Director of Stones to Water Learning Center (formally LightnerResources)

A small business helping people address physical, stress related and performance concerns. Teaching individual lessons, conducting workshops, seminars, classes and running all aspects of the business. Developing and teaching Wholeness in Motion™ Movement Classes and Optimal Functioning Training.

- River Falls, Wisconsin, 1996-present
- Minneapolis, Minnesota 1989-present
- Chico, California 1988-1989

Faculty, VoiceCare Network, Collegeville, MN 1996-present

Teaching group and individual classes and team teaching conducting with other staff during summer intensive courses for singing teachers and choral conductors.

Adjunct Faculty, University of Minnesota/Guthrie Theater BFA Actor Training Program, 2004 to present

Teach the spring semester Anatomy of Wholeness/LearningMethods Class for the junior class.

Faculty, Macphail Center for the Arts, Minneapolis, 1999 to 2003

Taught a ten-week class for faculty in Ease in Performance, and Ease in Performance class for the public.

Director of an On-Site Wellness Program-RPM Program (Relief, Prevention and Maintenance) at Badger West Distributors, Eau Claire, Wisconsin 2003.

Providing education, individual coaching, movement and meditation classes for employees of this mid-sized company.

Artist in Residence, University of Wisconsin, River Falls, Fall 2000

Taught a movement class for actors, coached movement for the fall production and gave classroom workshops.

Adjunct Faculty, Professional Actor Training Program, University of Minnesota, Minneapolis, 1991-2000

Gave weekly private lessons to MFA actors, was Alexander Coach for Shows, taught sections of Advanced Movement for Actors, and an undergraduate Alexander Technique Class, team taught Intermediate Acting (w/Kent Stephens and Barbara Kingsley) and a class in Balk Technique and Alexander Technique (w/Karen Miller).

Extension Faculty, Music Department, University of Minnesota, 1990 -1997

Babette Lightner

Created and taught Body Awareness in Performance, The Alexander Technique for Musicians.

Faculty, Wesley Balk Opera Music Institute, 3-week summer course for opera singers and directors, 1992- 1996

Taught daily movement classes, gave private lessons to all participants, coached rehearsals and assisted Dr. Balk in his classes, team taught with staff musicians and acting directors.

TEACHING RESIDENCIES:

University of Western Ontario, London, Ontario, Music Department, February and September 2009

Northwest Community Music Academy, Crystal Lake, Illinois, August 2006, 2007

University of Wisconsin, Milwaukee, Music Department, March 2006

University of Minnesota/Guthrie Theatre BFA Acting Program, January-February 2003. to 2006

Taipei National University of Arts, Taipei Taiwan, Dance College, August 2004

St Olaf College, Music Department, (Giving individual session twice a month) Northfield, Minnesota 2002-2004

Bradley University, Music Department, Peoria, Illinois, September 2001

St. Cloud State University, Music Department, St. Cloud, Minn. February 2001

St. John's and St. Benedict's Universities, Music Departments, Collegeville, January 2000

St. Olaf College, Music Department, Northfield, Minn., September -December 1992

Bemidji State University, Center for Professional Development, Bemidji, January 1992-Workshops for Speech, Theatre, Music, Psychology, Dance Departments

The Guthrie Theatre, Associated Artist, Acting Company Lab, Minneapolis, March-April 1991 group class and private lessons for the Acting Company

Gustavus Adolphus College, Theatre/Dance and Music Department, Saint Peter, Minn., October 1990

University of Northern Iowa, Theatre Department, Cedar Falls, Iowa, November 1989

SELECTED WORKSHOPS:

2010: Rajaton – Finnish A Cappella group –workshop and individual lessons.

2009: Anatomy of Wholeness for Voice Teachers June

2008: Rajaton when performing with the Minnesota Orchestra June and October

2007: Wes Balk Opera Music Institute Staff Training, MayDay Group Colloquium XIX, National Association for The Teachers of Singing National Summer workshop, Minnesota Flute Association, Baldwin

Elementary School Teacher Wellness Class

2006: St. Croix Valley Music Teachers Association, Celebrity Lutheran Church Choir, Northwestern Health

Sciences University-massage symposium, Rush Creek Growers-movement routine for workers,

Hamline University, Minnesota Music Teachers Association, Project Sing-London, Ontario

2005: Northwestern Health Sciences University, Concordia College Music Department

2004: National Association for the Teachers of Singing (NATS) Conference, University of North Dakota-performing arts programs, Park Nicollet Hospital-rehab, speech therapy, College of St. Catherine's-Music Department, Minnesota NATS, Minnesota ACDA, Croix Center for Healing Arts-massage training program

2003: Minnesota Music Educators Association, Minnesota Music Teachers Association, Carleton College

2002: North Dakota Nations Organization for the Teachers of Singing, Upper Midwest Organic Farming Conference, Minnesota Music Educators Association, Wisconsin Choral Directors Conference

2001: Upper Midwest Organic Farming Conference, Midwest Flute Association Conference, Voice Center of Fairview University Hospital,

2000: SonSheim School of Music, St. Catherine's College, National Association for Teachers of Singing (NATS), Regency Hospital-Rehab Department, Northwestern College Music

1999: Flegel Piano Studio, Macphail Center, Northwestern College Music Department, Sister Kenny Institute PT and OT Departments, Minnesota Piano Teachers Association, Moundsview High School Choral Department, One Voice Mixed Chorus

1998: Minnesota Music Teachers Association, Augsburg College Suzuki Program

1997: St. Catherine's College Music Department, Music Tech, River Falls Wellness Network, Hudson

Babette Lightner

Community Education

1996: Twin Cities Suzuki Piano Association

1995: Wellness 2000 Conference, National Association of the Teachers of Singing, Northwestern College Music Department, Twin Cities Church Musicians Association

1994: Children's Theatre, Minnesota Music teachers Association, Minnesota Therapeutic Massage Association, NATS

1992: Woman's Spirituality Conference, Mankato State University, Metro State, Vocal Dysphonia Support Group, Ramsey County Hospital

1991: St. Lawrence Catholic Church, Minnesota Music Teachers Association Convention, Macphail Center, Minnesota Association for Independent Schools Conference

1990: Minneapolis College of Art and Design, St. Mary's College

1989: California State University, Chico, Dance Department

RELEVANT TRAINING AND EXPERIENCE:

BODY-MIND DISCIPLINES

Laban Movement Analysis and Bartenieff Fundamentals (Irmgard Bartenieff, Collette Barry, Diane Schmidt, Martha Moore, Anne Hutchinson)

Ideokinesis (Irene Dowd)

Tai Chi Chuan (Sat Hon, Phillip Zarrilli, Lenzie Williams, Ben Lo, Bill Zeman)

Hatha Yoga (William Protengier, Teresa Pritchett, Scott Anderson, Regina Wray)

Body Mind Centering (Bonnie Cohen, Diane Elliot, Suzanne River, Margie Fargnoli)

Feldenkrais (Nancy Lark)

South Indian Martial Arts: Kaluripayattu (Phillip Zarrilli), Selumbu (P. Veran)

Dance Therapy (Mary Lee Hardenberg)

Council of All Beings/Deep Ecology Ritual Theatre (John Seed, Kay Grindland)

Meditation (K. Haran, Iyya, Meera Young, Hugh Milne)

Transpersonal Healing/Energy Work (Janet Marinelli, Dina Lawson, Gayle Kimball)

Visionary Cranial Sacral Work (Hugh Milne)

Learning Methods (David Gorman)

DANCE/THEATRE:

Bharata Natayum, Classical South Indian Dance (Bala Krishnan, K. Neela, Raneer Ramaswamy, Jocelyn Gorham), danced with Ragamala Dance Theatre 1990-92

Modern and Jazz-ten years of training here is a small sample of teachers-Trude Link, Mark Taylor, Stuart Pimsler, Martha Myers, Beth Channock, Sara and Jerry Pearson, Lenore Lattimore, Daniel Nagrin, Don Redlick, David Dorfman)

Ballet (Marcus Schulkind, Carolyn Coles, Jacques D'Ambrose)

African (Chick Davis, Arthur Hall)

Middle Eastern Dance (Cassandra Shore)

Member Jacobs Kapers Morris Dance Team

Karagam South Indian Folk Dance (Om Parier Swami) Danced with his troupe throughout South Indian for four years 1978-79, 1981-84

Improvisation (Martha Myers, Martha Moore, Mabou Mines Company)

Member of Spanuptzes Theatre an Improvisation Movement Theatre Company in Cambridge Mass 1980-81

Voice (Axel Theimer, Leon Thurman, Marilyn Habermas-Scherr)